



Republic of the Philippines
Bangsamoro Autonomous Region in Muslim Mindanao
Ministry of Basic, Higher and Technical Education
 Cotabato City



Office of the Minister

Bangsamoro Autonomous Region in Muslim Mindanao
 Ministry of Basic, Higher and Technical Education
 OFFICE OF THE MINISTER

REGIONAL MEMORANDUM

No. 1008
 Series of 2021 8

RELEASED

BY: Hopir
 DATE: 01 SEP 2021
 TIME: 8:30 Am
 Ctrl No: 2021-09-001

TO : ALL SCHOOLS DIVISION SUPERINTENDENTS
 FOCAL OF SPECIAL GEOGRAPHIC AREAS OF BARMM
 ALL OTHERS CONCERNED

FROM : Mohagher M. Iqbal
 Minister

SUBJECT : CONDUCT OF VARIOUS ACTIVITIES FOR OPLAN SA KALUSUGAN SA
 DEPARTMENT OF EDUCATION (OK SA DEPED) 2021

DATE : August 26, 2021

1. DepEd Order No. 28, s. 2018 titled Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd) provides for the conduct of ONE HEALTH WEEK every school year to show case DepEd's school health and nutrition programs and services. Specifically, the celebration aims to highlight activities and services under the following flagship programs:
 - a) School – based feeding program (SBFP);
 - b) National Drug Education Program (NDEP);
 - c) Adolescent Reproductive Health (ARH);
 - d) Water, Sanitation and Hygiene (WASH) in Schools (WinS) Program;
 - e) Medical, Dental, Nursing Services, including the School Dental Health Care Program (SDHCP); and
 - f) School Mental Health Program
2. Pursuant to DepEd Order NO. 29, s 2021 titled School Calendar and Activities for School Year 2021-2022, the 2021 One Health Week will be held from September 6 to 11, 2021 to support the preparation for the opening of classes on September 13, 2021. The theme for the celebration is "**Bayanihan para sa Kalusugan: Ok Sa DepEd, sa Pararalan at sa Tahanan.**"
3. In consideration of the current "new normal" set-up, there will be two sets of activities during the One Health Week.
 - a) The Bureau of Learners Support Service-School Health Division (BLSS-SHD) will be spearhead national activities to provide key updates and launching key initiatives under each OK sa DepEd flagship program, especially given the current situation of the basic education sector.
 - b) Region Offices (ROs) and School Division Offices (SDOs) nationwide, through their respective Learners School Health and Nutrition Unit/Section, are enjoined to host their one week-long activities promoting their respective health and nutrition initiatives for the school
4. Each day of the One Health Week will showcase activities that focus on a specific OK sa DepEd Flagship program.

Ministry of Basic, Higher and Technical Education
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 REGIONAL INFORMATION OFFICE

RELEASED

BY: Jam
 DATE: SEP 01 2021
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5. Online activities, such as CovidVac Tiktok Challenge, OKB painting contest, WinS video making contest will be conducted for all students & teachers who are willing to participate and showcase their creativity and talent.
 - a) Attached to this Memorandum is the program activity of the Kickoff for the One Health Week and Simultaneous Inauguration of School Medical and Dental Clinics and Launch of the SDHCP activities, and the guidelines and criteria for the above contest as bases for judging. Deadline for submission of entries will be on Tuesday, September 7, 2021, 10:00am.
 - b) All personnel, learners, partners, and other stakeholders are invited to virtually participate in the national activities that will be streamed via the official social media pages of the Department. SDOs, and School are enjoined to share the live stream of the said activities in their respective social media.
6. SDOs and Schools are encouraged to continue the organized follow through activities related to those introduced during the ONE health Week, as well as the OK sa DepEd activities throughout the rest of the school year.
7. Required health standards, based on the latest updates of the Department of Health and relevant authorities, shall be observed at all times.
8. ROs, SDOs and Schools shall ensure the documentation of activities, following the reporting requirements stipulated in DO 28, s 2018.
9. For further clarifications and other related concerns, please contact Ms. Gizeel Amara I. Ali, RN, HNU Chief, at mobile number 09475876726.
10. For compliance and dissemination.

Program Details

Time	Activity	Remarks
September 6, 2021		
Kick off of the One Health Week and Simultaneous Inauguration of School Medical and Dental Clinics and Launch of the SDHCP		
10:00 – 10:10 am	National Anthem Opening Prayer	Teacher-Broadcasters will be invited as program hosts
10:10 – 10:15 am	Welcome Remarks Dir. Lope Santos III	Talking points will include One Health Week and OK sa DepEd
10:15 – 10:30 am	Message Usec. Alain Pascua Message Sec. Leonor Magtolis Briones	
10:30 – 11:00 am	Message from the President President Rodrigo Roa Duterte	
11:00 – 11:30 am	Ribbon Cutting Ceremony followed by Walking Tour	PAS will be requested to prepare an AVP that will play on the screen alongside the ceremony while it is being broadcasted online; the AVP will show ribbon-cutting ceremonies from other regions
11:30 am – 12:00 nn	Showing of Field Reports	Another AVP featuring Regional Directors delivering their respective regional updates
Division Webinar on Telehealth		
01:30 – 02:15 pm	Updates on telemedicine	BLSS-SHD shall provide the video recordings of the resource person's lecture per topic
02:15 – 03:00 pm	Updates on tele-dentistry	
03:00 – 04:30 pm	Capacity building on first aid	

GUIDELINES ON ONE HEALTH WEEK CELEBRATION 2021

A. WINS VIDEO MAKING CONTEST

GUIDELINES and MECHANICS

1. Guide questions pertaining to the implementation of WinS program in the time of COVID-19 pandemic to be answered by the narrator and/or interviewee (preferably, the School Head and/or School WinS coordinator/Focal) in the video presentation of each division are as follows:
 - a. Challenges school encountered given the ongoing pandemic and how they overcome/rise above them; and/or
 - b. Best practices/Innovations schools have adopted to respond to the challenges brought about by the pandemic;
2. The duration of the video presentation must be 2-3 minutes (must not exceed 3 minutes);
3. The following procedures are recommended when recording a video:
 - a. Subject must be positioned at the center of the frame
 - b. Medium shot (from the top of their head to roughly their waist) is recommended;
 - c. Give at least an inch from the head room for the subject;
 - d. Set audio recording to Stereo;
 - e. Choose a good background, face the window instead and use it as a source of light;
 - f. Illuminate your face using a ring light or any source of light;
4. Video format should be MP4 with 1080p or 720p resolution;
5. Recommended minimum specifications for videos:
 - A. File Format: MP4
 - B. Dimensions: 1920px x 1080px (16:9)
 - C. Orientation: Landscape
 - D. Frame Rate: 30fps
6. Photos of accomplishments can be showcased as part of the video.
7. Deadline of submission will be on September 7, 2021 at armm.hnu@deped.gov.ph. Entries will be uploaded starting September 8 – 9, 2021 at the MBHTE official Facebook page.

CRITERIA:

1. ORIGINALITY	30%
2. RELEVANCE TO THE THEME	30%
3. VIDEO QUALITY	10%
4. PEOPLE'S CHOICE (heart react, likes and share)	10%
5. OVERALL PRESENTATION	20%
TOTAL	100%

B. OKB PAINTING CONTEST

GUIDELINES and MECHANICS

1. This competition is open for Elementary and Secondary level student across BARMM region
2. The painting must have its own uniqueness and originality featuring the DepEd's six (6) flagship program of Oplan Kalusugan, specifically the School-Based Feeding Program (SBFP), National Drug Education Program (NDEP), Adolescent Reproductive Health Education (ARH), Water, Sanitation, and Hygiene (WASH) in Schools (WinS), and Medical, Dental, and Nursing Services.
3. The painting must convey and emphasize the 2021 One Health Week theme "Bayanihan para sa Kalusugan: OK sa DepEd, sa Paaralan, at sa Tahanan"
4. Any painting materials can be used on ½ size illustration board on landscape orientation.
5. A clear photo image of the official entry shall be sent to the armm.hnu@deped.gov.ph and with primary information about the artist such as Name, Grade Level, School and Division.
6. Deadline of submission will be on September 7, 2021 at armm.hnu@deped.gov.ph. Entries will be uploaded starting September 8 – 9, 2021 at the MBHTE official Facebook page.

CRITERIA

1. ORIGINALITY and UNIQUENESS	30%
2. CREATIVITY	30%
3. RELEVANCE TO THE THEME	20%
4. PEOPLE'S CHOICE (heart react, likes and share)	20%
TOTAL	100%

C. COVIDVAC TIKTOK CHALLENGE

GUIDELINES and MECHANICS

1. This entry is open for all teachers across BARMM region.
2. A minimum of three (3), maximum of five (5) contestants per entry. One (1) entry per division.
3. To enter, participants must have a TikTok account or create one for free by visiting www.tiktok.com. By creating an account and submitting personal information, contestants agree to the terms of use and privacy policy of TikTok.
4. To participate, contestants are to submit a TikTok video of singing/dancing with focus on providing messages that encourage people to get the Covid Vaccination shot.
5. TikTok video entry must have its own unique hashtag title and a group entry name and must include the caption #OneHealthWeekOKB, #BARMMMBHTE.
6. Any video with profanity or offensive messaging will be immediately disqualified and deleted
7. Participants should review and adhere to TikTok's community guidelines at: <https://www.tiktok.com/community-guidelines>
8. Personal information requested from contestants (including name, school, and division) will be used solely for purposes of this contest, including to notify the winners and award prizes.
9. armm.hnu@deped.gov.ph
10. Deadline of submission will be on September 7, 2021 at armm.hnu@deped.gov.ph. Entries will be uploaded starting September 8 – 9, 2021 at the MBHTE official Facebook page.

CRITERIA

1. ORIGINALITY	30%
2. RELEVANCY AND CONCEPTUALIZATION	30%
3. PEOPLE'S CHOICE (heart react, likes and share)	10%
4. PERFORMANCE	10%
5. OVERALL PRESENTATION	20%
TOTAL	100%